

**Profile Christine Burhenn**

Christine is an experienced management professional and seasoned executive coach, mentor and leadership consultant, having worked with hundreds of leaders and various leadership teams. She loves to support leaders in their business and personal challenges, especially during change and transformational processes. Christine has a PhD in Biology and brings 17 years of management experience into her coaching and consulting services (in German and English).



**17 Years Senior Management Experience in “Big Pharma”:**

- Various *national/global director assignments* in Marketing & Communication Pharmaceutica/ Johnson & Johnson and Novartis Research)
- *Global Franchise Director* Gastrointestinals (Janssen-Cilag International)
- *Managing Director* of Janssen-Cilag AG, Switzerland

**19 Years Coaching and Consulting Business**

Owner of NuSteps Management Consulting & Coaching in Basel → [www.nusteps.ch](http://www.nusteps.ch)

Focus: Leaders in middle and senior management, all key functions

- Certified Coach HEB© and ILP©, Certified Team Coach and Leadership Coach HEB©
- Certified Prosci© Change Management Practitioner
- Certified as 360° Debrief Expert CCL, Center for Creative Leadership
- Certified in The Leadership Circle Profile™ and The Leadership Culture Survey™, a complete system for leadership development, combining best-in-class tools for individuals and teams
- *New:* Energy coaching with Light Language according Starr Fuentes and QE Quantum Entrainment™/CQM Chinese Quantum Methods™ according F. Kinslow/G. Eckert.

**High Performance Leadership & Team Coaching**

**Masterful Leadership**

Unfold your higher potential in your leadership.

**Refine your leadership style**

- Inspirational, visionary leadership
- Leading with purpose
- Empowerment
- Coaching & Mentoring
- Servant Leadership

**Deepen your competencies**

- Leading Change & Transformation
- Leading Leaders
- Leading *ad interim*
- Master your daily Leadership Challenges

**Self Mastery**

Come to the next level in your consciousness.

**Release your true potential**

- Detect your Limiting Beliefs
- Transform your Reactive Patterns
- Gain Higher Self Confidence & Awareness
- Foster your Intuition & Executive Presence
- Deepen your Integrity & Authenticity

**Be in the driver seat of your life**

- Manage your energy and time
- Lead a fulfilling, purposeful life
- Find your right next step in career and life

**Interpersonal Mastery**

Upgrade your relational competencies

- Stakeholder Management
- Influencing the Matrix
- Self Branding & Positioning
- D&I: Refine Your Integral Mind
- Deepen your Cultural Intelligence

**Refine your communication style**

- Managing Tough Conversations
- Giving Critical Feedback
- Dealing with Conflicts & Resistance
- Impactful Presentation, Negotiation and Persuasion Styles
- Winning Minds & Hearts

## **The high performance leadership coaching is useful for you in the following situations:**

- A. If you have leadership/behavioral challenges derived from feedback out of 360°, development centers and other assessments**
- B. If you are at “turning points” of your professional life**
  - First 100 days; onboarding; dealing with new organizational culture
  - New assignment with greater responsibility
  - During organizational change: if you need to lead effectively the people side of change/a cultural change; if you need to personally cope with a change situation
  - Need for reputation repair within key stakeholder community
  - Finding the right next career step via *PurposeFinder* and *PathFinder* Sessions
- C. For teams that want to evolve in the areas of:**
  - Self/energy-management, stakeholder management, effective communication
  - Change management and the role of leadership during transformation processes

## **What makes me successful as coach?**

- 1. I know the business world:** My coaching goes beyond professional coaching techniques: I know how (global) organizations tick, know their complex structures, diverse cultures. I know the business context and the daily leadership challenges from my own experience.  
**All my own management experience flows into the coaching process and offers added value.**
- 2. I have a “good nose” in analyzing and solving leadership issues:** As biologist by education, I am trained to observe and analyze sharply, looking at things holistically. I rapidly find out what is going on, bring the things to the point, enabling the client to take the right action and decisions. With this gift, I am a valuable sounding board and **sparring partner for leadership challenges.**
- 3. I am an expert in self-management:** Great (life) leadership starts with good self-management! We all have sometimes blind spots, unconscious drivers and thinking traps.  
**Reactive patterns** like the *controller*, *perfectionist*, the *pleaser*, the *inner critic* drive our actions and control our behavior. They exhaust our energy. They sabotage our authenticity and leadership effectiveness.  
With a set of **modern coaching techniques, including the latest insights from neurosciences, quantum and light language techniques**, I support you to step out of your limiting beliefs. You become rapidly aware of your patterns and learn how to turn out of your reactive “autopilots”.  
With **great benefits:**
  - higher self-awareness, consciousness and authenticity
  - higher self-confidence, sovereignty, executive presence
  - back to higher energy, joy, vitality and focus
  - stay on top of the things/in the driver seat

→ **With this holistic approach, I create and hold the space for you to unfold new potential and to grow into a conscious, creative leadership with high impact.**

## **References:**

As professional coach and consultant, I worked with hundreds of leaders and various teams in all key functions and functional areas, from middle management up to CEO level.

Branches: Mainly Pharmaceutical Industry/ “Big Pharma”, but also other branches, KMU’s, some renowned universities and private clients. Individual references upon request.